



Marlborough Yoga

A Different Kind of Yoga

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Winter Session 2012

More information about our teachers:

Caroline, 508.481.2559, [email](#) or
download [Caroline's Winter](#) schedule.

Sandy, 508.473.9274, [email](#) or
download [Sandy's Winter](#) schedule.

Barbara, 978.760.1048, [email](#) or
download [Barbara's Winter](#) schedule

Schedule of Ongoing Yoga Classes

Please NOTE session dates may be different for each class.

Each noted under the class.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	<p>Bliss• w/Sandy 10:15-Noon</p> <p>—————</p> <p>Session Dates Jan 2-Feb 27</p>	<p>Beginner/ Continuing w/Caroline 7:30-8:45am</p> <p>—————</p> <p>Session Dates Jan 3-Feb 28</p>	<p>Beginner/ Continuing w/Caroline 9:30-11:00am</p> <p>—————</p> <p>Session Dates Jan 4-Feb 29</p>	<p>Beginner/ Continuing w/Caroline 9:30-11:00am</p> <p>—————</p> <p>Session Dates Jan 5-Mar 1</p>	<p>Experienced• w/Caroline 12:00-1:45pm</p> <p>—————</p> <p>Session Dates Jan 6-Mar 2</p>	<p>Beginner/ Continuing w/Barbara 9:30-11:00am</p> <p>—————</p> <p>Session Dates Jan 7-Feb 25</p>
<p>Beginner/ Continuing w/Caroline 5:30-7:00pm</p> <p>—————</p> <p>Session Dates Jan 8-Feb 26</p>	<p>Gentle w/Sandy 5:45-7:15pm</p> <p>—————</p> <p>Session Dates Jan 2-Feb 27</p>	<p>Beginner/ Continuing w/Caroline 5:30-7:00pm</p> <p>—————</p> <p>Session Dates Jan 3-Feb 28</p>	<p>Beginner/ Continuing w/Barbara 5:30-7:00pm</p> <p>—————</p> <p>Session Dates Jan 4-Feb 29</p>	<p>Bliss• w/Sandy 5:45-7:15pm</p> <p>—————</p> <p>Session Dates Jan 5-Feb 23</p>		
	<p>Deeper† w/Sandy 7:30-9:30pm</p> <p>—————</p> <p>Session Dates Jan 2-Feb 27</p>		<p>Beginner/ Continuing w/Caroline 7:15-8:45pm</p> <p>—————</p> <p>Session Dates Jan 4-Feb 29</p>	<p>Advanced Bliss•† w/Sandy 7:30-9:30pm</p> <p>—————</p> <p>Session Dates Jan 5-Feb 23</p>		

Download this [ongoing schedule](#).

†Optional Meditation

•Requires permission of instructor to attend this class.

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